

ERASMUS RADIOGRAPHY GROUP BERGEN



 <p>HØGSKOLEN I BERGEN</p>	<p>Høgskolen i Bergen Bergen University College Avdeling for helse- og sosialfag Faculty of Health and Social Sciences Institutt for radiografi Radiography Programme</p>
<p>http://www.hib.no/english/index.html</p>	

Postal Address:
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ERASMUS Co-ordinator: Nina Dalen E-mail Mobile	Tel: + 47 55 59 55 23 nda@hib.no Tel: +47 92 43 68 80
(There is a "Voice mail" facility on all staff telephones. Just leave your message after the tone if you have urgent questions)	

Application for exchange to Bergen must be made to the college's International Office.
 Information about this, dates, practical information and the application form can be found on:-

<http://www.hib.no/english/practical.html>

Travel: International Airport - Bergen/Flesland, BGO
Railway - Bergen - via Oslo
Seaport - Bergen - from Denmark and Newcastle

Incoming students will be met on their arrival by a Bergen student and taken to their accommodation.

Please make your travel booking in **good time** ahead of your departure. Bergen is a middle-sized airport with only a limited number of international flights each day and flights are often over-booked especially around the holiday periods. Please **send your travel details to Nina** as soon as you have booked so that our students can organise meeting you.

Student accommodation

Bedsit, with communal kitchen, showers, laundry/ironing facilities. Pay-phone on each corridor (available for in-coming calls too) - the telephone number will depend on your room number. Several of our own students, live in the Internat.

Cost: Bedsit - approx. NoK 2300.- in the "Internat" - Student Hostel, Haukelandsbakken 47, and 2600.- in Haukelandsbakken 49 (Helse Bergen) payable monthly (in advance). In practice it's cheaper for you to pay all 3 months in advance and save a large sum in charges.

Both adjoin the college - 2 minutes from your room to the classroom.

This will be the normal form of accommodation for radiography students. It will be organised by the International Office's Cathrine Palmstrøm

Two of the placement hospitals that we use are within walking distance, and there will be a short bus ride to two others. You'll be able to buy a bus card (absolute minimum fare).

Emergencies:

The switchboard in the College is open until 15.30 (14.30 GMT) each day. The staff speak English. Relatives can use **Nina's** (mobile +47 92 43 68 80), or **your Buddy/mentor's**, home numbers in an emergency, and until you are able to notify them of your own number. It is cheaper to buy a Norwegian sim-card than pay international rates if you use your own cell phone from home. Skype is also a cheap possibility.

Equipment to bring with you:

Bath towels are not provided.

Winter boots with good rubber soles, preferably waterproof - suitable for snow, ice and rain. Warm woollen or thermal socks. Warm, wind and rain proof jacket, gloves and a cap/headgear.

Hair dryer, walkman, alarm clock, etc. The college and Internat are equipped for remote use of a laptop.

Passport photos for bus cards, etc. (2 - 3)

Your personal hospital name/ID badge.

N.B. You will be able to borrow bed-linen from the college – don't bring this with you. (The International Office may tell you to do that.)

Meals : are available at a slightly reduced price in the hospital canteens, a main course may cost about NoK 40.-. Most students cook for themselves in the evenings. If there are several students who share a meal cooked in the Internat costs are much lower.

If you are tea drinkers - tea bags should be brought with you. Wishy-washy Lipton's tea-bags are sold here, but at an exorbitant price.

Writing home & receiving post:

Foreign students can receive post at the school address or at their accommodation's address. There are post office facilities in all the hospitals and an outgoing post box in the college and Internat. There is an Internet room in the college for Internet services for foreign students. It is possible to access Internet at most of the hospitals where you will have practice.

Medical examination:

Norwegian hospital practice now requires a nasal swab for MRSA, before going out into practical placements.

Teaching hours:

Generally from 8.15 until 14.15 each day. A lesson lasts for 45 min. with a 15 min. break between. Lunch break is from 12.00 - 12.30.

Practical placements:

The working day starts in most departments at 7.30 - 8.00, but finishes at 14.30 - 15.00. Lunch break is 30 min. usually taken between 11.00 and 12.00. A full practice day for students is normally 6 hours excluding your lunch break. As the number of students taking part in the exchange programme increases we may have to use placement hospitals outside Bergen.

Radiography practice in Bergen:

- Haukeland Universitets Sykehus (HUS)
- Bergen Legevakt
- 2 other smaller hospitals and private clinics in Bergen

Outside Bergen:

- Fylkessykehuset in Voss
- Universitets Sykehus in Stavanger
- Sentralsjukehuset i Sogn og Fjordane
- Other hospitals in Arendal, Kristiansand, on Stord, and other places.

Therapy practice:

- Radiotherapy department, HUS

Uniform: Will be provided by the hospitals. Remember to bring your shoes for practice.

If you are in a placement outside Bergen you will be required to pay for accommodation in that town, and your travelling expenses. These costs will be refunded to you on your return to Bergen.

Please notify Nina by Email of your requirements or wishes with regard to practical placements before November 30th.

The revised timetable for 2011 will be sent to incoming students in November/December, but will not be unlike the pdf. for 2010 that you can download.

More information can be found on the following sites:

www pages in English: <http://www.hib.no/english/index.html>

Information about Norway in English

<http://www.visitnorway.com/templates/NTRarticle.aspx?id=29092>

and facts/statistics <http://www.ssb.no/english/>

Information about Bergen in English: <http://www.bergen-travel.com/default.asp?sp=GB&bhcp=1>

